

SWIMMING TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DAYTIME SESSIONS (06:30 - 14:30)						
06:00 - 08:30 50M LANE SWIM	06:00 - 08:30 50M LANE SWIM	06:00 - 07:00 25M GENERAL SWIM*	06:00 - 08:30 50M LANE SWIM	06:00 - 08:00 50M LANE SWIM	09:00 - 11:00 50M LANE SWIM	07:00 - 11:00 25M LANE SWIM
09:00 - 16:00 25M GENERAL SWIM	09:00 - 17:00 25M GENERAL SWIM	07:00 - 08:00 25M LANE SWIM*	09:00 - 17:00 25M GENERAL SWIM	08:30 - 17:00 25M GENERAL SWIM	11:30 - 14:00 FAMILY SWIM	11:00 - 13:30 FAMILY SWIM
		08:00 - 09:00 25M GENERAL SWIM*			11:30 - 16:30 25M LANE SWIM*	11:30 - 17:00 50M LANE SWIM*
		09:00 - 14:00 25M GENERAL SWIM				
EVENING SESSIONS (16:00 - 22:30)						
17:00 - 19:15 25M LANE SWIM**	17:00 - 19:00 25M LANE SWIM**	16:00 - 18:00 25M GENERAL SWIM	17:00 - 19:00 25M LANE SWIM**	17:00 - 19:00 25M LANE SWIM**	16:30 - 18:00 25M LANE SWIM	
19:15 - 22:30 25M LANE SWIM*	19:00 - 21:00 25M LANE SWIM	20:30 - 22:30 50M LANE SWIM	19:00 - 22:30 25M LANE SWIM	19:00 - 21:00 25M LANE SWIM		
				21:00 - 22:30 25M GENERAL SWIM*		

* Indicates 1.00 - 1.25m Depth ** Indicates 0.09m Depth

GENERAL SWIMMING

Swimming for all ages and abilities. A minimum of 4 lanes for lane swimming, plus a general swimming area.

LANE SWIMMING

Lane sessions only with up to 4 lanes available.

FAMILY/OPEN SWIMMING

Swimming for all ages and abilities. Lane swimming cannot be guaranteed in all Open swimming sessions.