



# Surrey Sports Park Tennis Club

## What we have to offer...

SESSION	DETAILS	MEMBERS	NON-MEMBERS
<b>CLUB SESSIONS</b>	We run club mix-ins every Wednesday evening (18.30-20.30) and Sunday morning (09.00-10.30). A pro is in attendance to ensure members get a mixture of similar standard singles and doubles matches. A great way to meet fellow tennis members.	✓ <b>FREE</b>	
<b>ADULT AND JUNIOR LADDER</b>	We have an internal ladder system that accommodates all levels and abilities. Ideal for players looking for regular competitive matches. Contact the Head Coach to get involved.	✓ <b>FREE</b>	
<b>INTERNAL CLUB TOURNAMENT</b>	Every year we hold our Club Championship which includes Men's Singles, Ladies' Singles, Men's Doubles, Ladies' Doubles and Mixed Doubles.	✓ <b>FREE</b>	
<b>TEAM MATCHES</b>	We have Men's, Ladies' and Mixed teams entered into the Aldershot and District League, the Chaucer League and the Surrey League for competitive matches across the year. Anyone interested in representing Surrey Sports Park should contact the Head Coach.	✓ <b>FREE</b>	
<b>GROUP COACHING SESSIONS</b>	We offer an adult coaching programme for all standards from beginner to intermediate. Classes run on Monday evenings and Saturdays. The run alongside the school term and must be pre-booked. We also run a junior coaching programme for children aged 4-16.	✓ <b>SSP Members discount</b>	✓
<b>1:1 COACHING</b>	Head Coach Nick Ingham and his 4 Assistant Coaches offer 1:1 coaching throughout the week, catering for all standards and ages. To arrange a lesson please contact Nick.	✓ <b>FREE</b>	✓ <b>Non-Members to pay court fee</b>
<b>INTERNAL CLUB EVENTS</b>	During the year we hold a number of events and socials including American tournaments and adult mini tennis evenings followed by drinks in The Bench Sports Bar.	✓	
<b>HOLIDAY CAMPS</b>	During every school holiday we run our popular junior tennis camps. These offer coaching for children aged 4-14 and run over three days. Expect plenty of fun games and drills mixed with expert tuition. Early booking is recommended.	✓ <b>SSP Members discount</b>	✓
<b>CARDIO TENNIS</b>	A great workout mixed with a whole lot of shots. We offer classes on a Thursday evening (20.00-21.00) and a Saturday lunchtime session (12.30-13.30). These popular sessions must be booked in advance.	✓ <b>Thurs: FREE Sun: £3.75</b>	✓ <b>£5 for Non-Members</b>

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